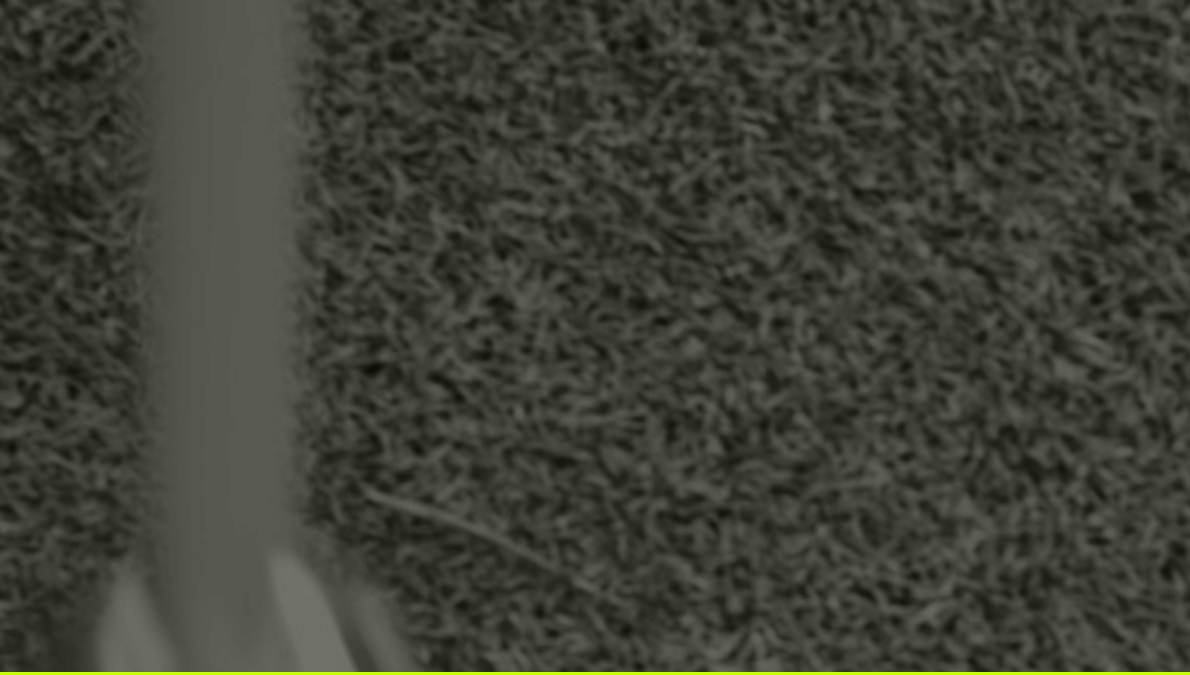


PUTTING *REPORT*

JOHN PARKINSON · 15 AUG 2026

LINE-SPEED-READ.COM



FACE AIM *AT ADDRESS*

SAM PUTTLAB · 10 PUTTS · P0

EVERY PUTT

01	02	03	04	05
0.2° L	0.1° L	0.1° L	0.2° L	0.6° R
06	**07**	**08**	**09**	**10**
0.0° L	0.8° R	0.1° L	0.5° L	0.8° L

R = OPEN / RIGHT

L = CLOSED / LEFT

10/10 INSIDE 1.0°

0.0° L

AVERAGE FACE AIM

ACROSS ALL TEN PUTTS

FACE *AT IMPACT*

SAM PUTTLAB · 10 PUTTS · P3

EVERY PUTT

01	02	03	04	05
0.3° L	0.1° R	0.4° L	0.4° R	0.5° R
06	**07**	**08**	**09**	**10**
0.9° L	0.1° L	0.9° L	0.0°	0.1° L

R = OPEN / RIGHT

L = CLOSED / LEFT

10/10 INSIDE 1.0°

0.2° L

AVERAGE FACE AT IMPACT

ACROSS ALL TEN PUTTS

PATH *AT IMPACT*

SAM PUTTLAB · 10 PUTTS

EVERY PUTT

01	02	03	04	05
0.8° R	0.9° R	1.7° L	1.1° R	0.4° L
06	**07**	**08**	**09**	**10**
0.5° R	0.2° L	0.1° L	0.7° L	0.4° L

R = OUT / RIGHT

L = IN / LEFT

8/10 INSIDE 1.0°

0.0° L

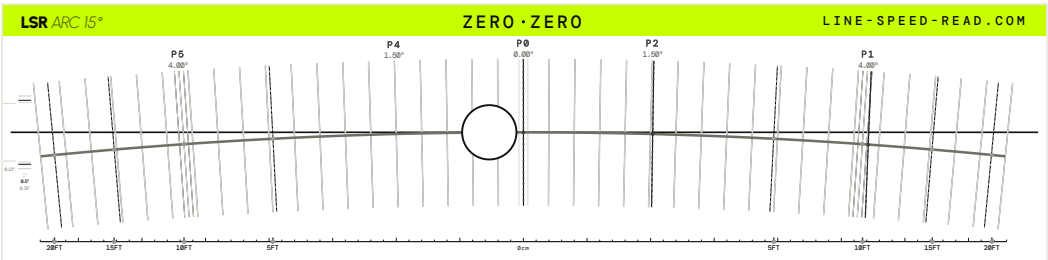
AVERAGE PATH AT IMPACT

ACROSS ALL TEN PUTTS

FACE ROTATION *SYMMETRY*

SAM PUTTLAB · 10 PUTTS · ARC 15°

BACKSWING · P0 · P1 · P2

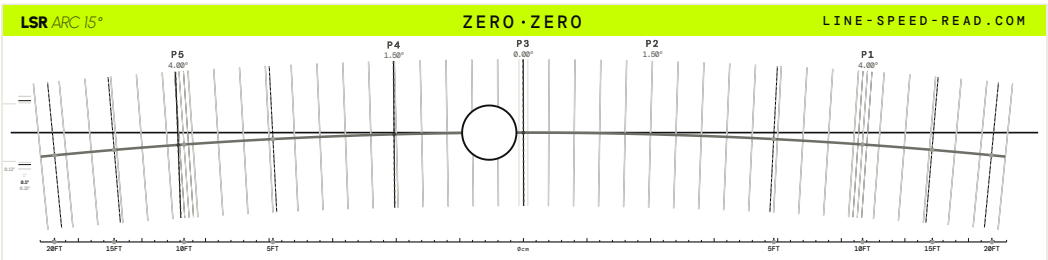


P0 AT ADDRESS	IN
OPTIMAL	0.0°
YOUR FACE	0.0°L
OUT BY	0.0° L

P2 10CM BEFORE	OUT
OPTIMAL	1.5°R
YOUR FACE	0.9°R
OUT BY	0.6° L

P1 END BACKSWING	OUT
OPTIMAL	4.0°R
YOUR FACE	2.3°R
OUT BY	1.7° L

THROUGH · P3 · P4 · P5



P5 END OF SWING	OUT
OPTIMAL	4.0°L
YOUR FACE	2.1°L
OUT BY	1.9° R

P4 10CM AFTER	OUT
OPTIMAL	1.5°L
YOUR FACE	0.5°L
OUT BY	1.0° R

P3 IMPACT	IN
OPTIMAL	0.0°
YOUR FACE	0.2°L
OUT BY	0.2° L

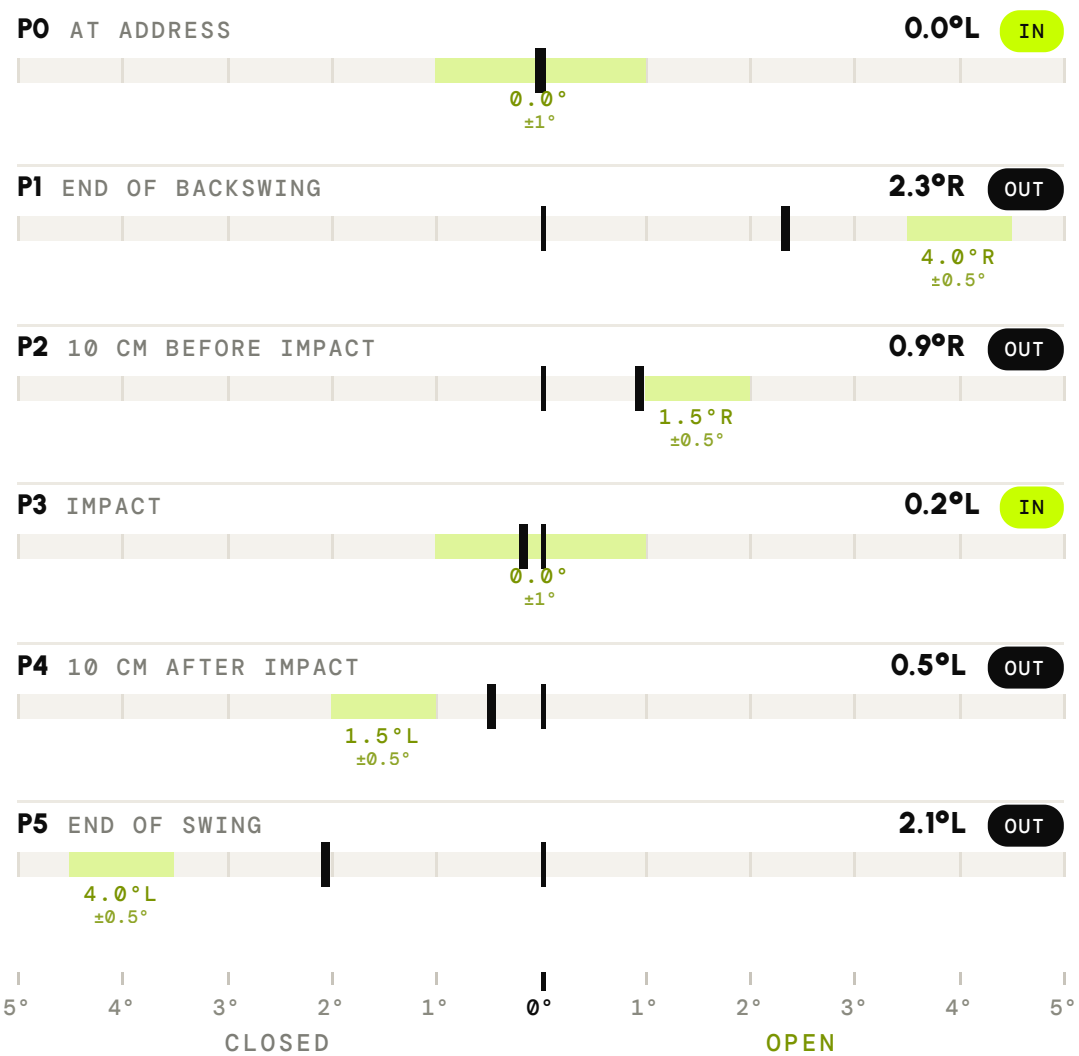
OPTIMAL (TEMPLATE) ----- YOUR FACE (10-PUTT AVG)

P1 & P5 MEASURED AT 26.7 CM FROM THE BALL · A LONGER OR SHORTER STROKE WILL CHANGE THE OPTIMAL

FACE ROTATION *SYMMETRY*

SAM PUTTLAB · 10 PUTTS · ARC 15°

LIME IS THE LSR OPTIMAL RANGE



POWERED BY AI CADDIE

LSR *LINE SCORE*

SAM PUTTLAB · 10 PUTTS

OUT OF 100

83%

LSR LINE SCORE

FACE AIM AT ADDRESS

10/10 **15**/15

PUTTS INSIDE 1.0°

FACE AT IMPACT WHERE THE BALL STARTS

10/10 **50**/50

PUTTS INSIDE 1.0° · PART CREDIT TO 2.0°

PATH AT IMPACT

8/10 **8**/10

PUTTS INSIDE 1.0°

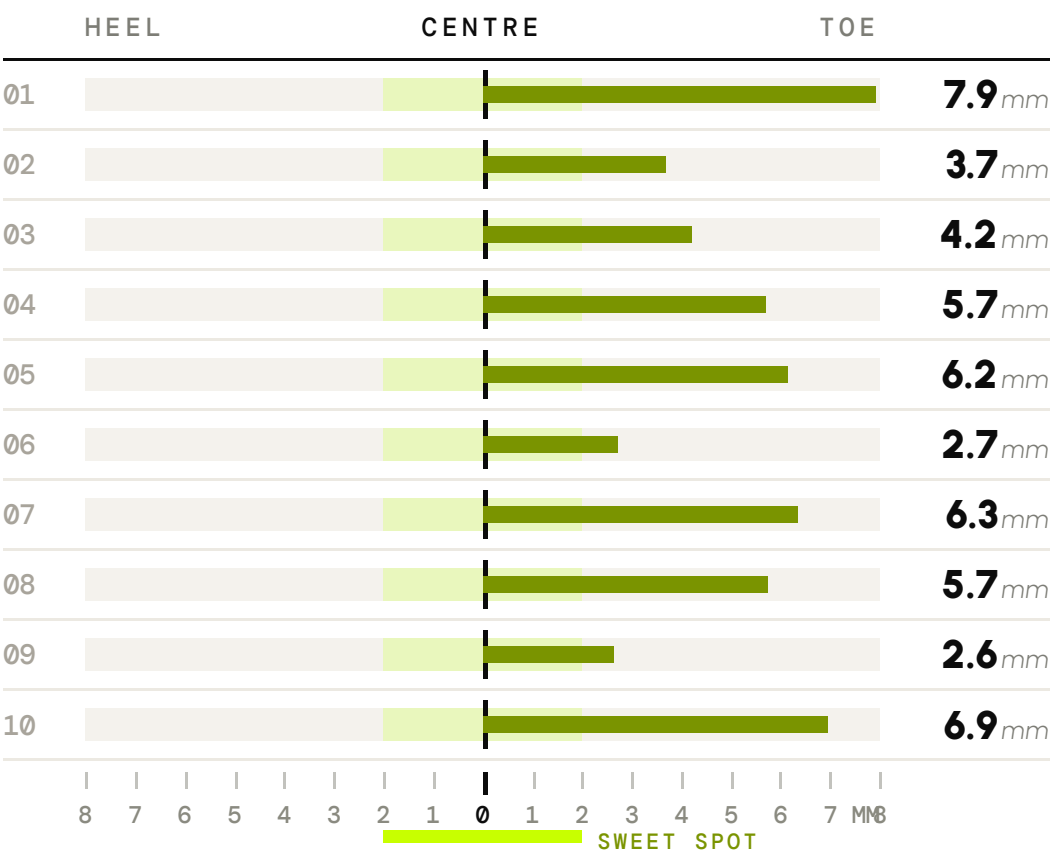
FACE SYMMETRY P1 TO P5 IN RANGE

2/5 **10**/25

POSITIONS IN RANGE

IMPACT SPOT *ON THE FACE*

SAM PUTTLAB · 10 PUTTS



10/10
TOE SIDE

5.2 mm **TOE**
AVERAGE IMPACT SPOT

0/10
INSIDE 2 MM

LIME ZONE IS 2 MM EITHER SIDE OF CENTRE

POWERED BY AI CADDIE

TIMING & RHYTHM

SAM PUTTLAB · 10 PUTTS

EACH MEASURE AGAINST ITS OPTIMAL RANGE

BACKSWING — ADDRESS TO THE TOP

667 ms — IN



400ms — OPTIMAL 600-800ms — 1000ms

TO IMPACT — TOP OF BACKSWING TO THE BALL

331 ms — IN



273ms — OPTIMAL 303-334ms — 364ms

RHYTHM — BACKSWING TIME / IMPACT TIME

2.02 — IN



1.80 — OPTIMAL 2.00-2.20 — 2.40

THROUGH SWING — TOP OF BACKSWING TO THE FINISH

869 ms — IN



400ms — OPTIMAL 650-900ms — 1150ms

1536ms
WHOLE STROKE
BACKSWING PLUS FORWARD

2.02 : 1
BACKSWING RHYTHM

97%
REPEATABILITY
ACROSS TEN PUTTS

LSR *SPEED SCORE* SIMPLE

SAM PUTTLAB · 10 PUTTS

OUT OF 100

68.9%

LSR SPEED SCORE

STRIKE ON THE FACE

0/10 <2MM **18.9**/50

PUTTS INSIDE 2.0 MM

RHYTHM BACKSWING TO IMPACT

2.02 **25**/25

TARGET 2.00 - 2.20

STROKE TIMING BACK AND THROUGH

667/869 MS **25**/25

TARGET 600-800 / 650-900 MS

INSTRUCTOR *NOTES*

SAM PUTTLAB · 10 PUTTS

WRITTEN AFTER THE SESSION

WHAT WE FOUND

WHAT WE CHANGED

WHAT TO PRACTISE

FURTHER NOTES

COACH

DATE